

**Hengoed
Park**



*Creating pathways for
independence...*

About us.

Hengoed Park is a specialist in the care, support and re-enablement of people with a wide spectrum of Alcohol-Related Brain Damage, Neurocognitive Disorders and other Acquired Brain Injuries.

Continuously owned by the same family for many years, Hengoed Park is justly proud of the work it does in this challenging area of specialist care. The success achieved is through the combination of excellent, skilled and well trained staff and an environment that is ideally suited to the recovery pathway.

Set in 11 acres of rural Shropshire, Hengoed Park provides a unique setting that is a perfect match for the client groups that it supports. From the Victorian Hall that provides our residential reception to the walled-garden supported living units our focus is on maximising the individual's independence, choice and control so that they are equipped for greater semi-independence in a community of their choice.



Facilities.

Hengoed Park provides a high-ratio core staffing in all areas of its operation and facilities which include:

- ❁ Hall accommodation for those individuals who need a high level of care and monitoring and who's current needs may preclude them from living in a more independent setting.
- ❁ Walled Garden Terraced Bungalows, that offer a more independent living experience and where individual skills and person-centred strategies for independent living can be developed.
- ❁ Day Centre for use by both residents and non-residents from the community.
- ❁ Communal kitchen where residents and day centre users can cook together and develop a sense of community.
- ❁ The Work shop, where residents are supported in developing practical skills that are fun, stimulating, satisfying help improve motor and other cognitive skills.
- ❁ 11-acres of garden and parkland, with mature trees and a lovely country setting.
- ❁ 2 large lounges and a separate dining room for residents to enjoy.
- ❁ On-site religious service on Sundays in our day centre and residents of other faiths assisted in attending services of their choosing.
- ❁ On-site hair salon, featuring weekly visits from a hair stylist, who helps our residents look their best and that build personal identity and self-esteem.
- ❁ Five-star kitchen, offering a broad choice of meals to suit every individual's nutritional needs.
- ❁ Daily activities conducted by trained staff and qualified external therapists, centred on developing a number of areas, including reinforcing cognitive skills, improving motor coordination, addressing behavioural challenges, etc.

- ❁ Regular group outings such as: bowling, local fairs, horse racing, shopping, canal boat rides, the beach during good weather, local events, etc. shopping, canal boat rides, the beach during good weather, local events, etc



Services we provide.

Personalised, outcome-based, measured, targeted, individualised, open, service user-led, positive, enabling, equipping, structured and planned are some of the words that people use to describe the service we provide at Hengoed Park.

Each person who comes to Hengoed Park, receives a Pathway created specifically for them. This Pathway describes their condition when they arrive, outlines their own personal aspirations and goals, and combines these with feedback from their family, their medical practitioners, their social workers, and any other party which is integral to their care.

Our service recognises the individual and their journey to Hengoed Park. Equally, it recognises that this journey is only part of a Pathway and that from their point of admission their Pathway is extended to encompass the outcomes they want to achieve and for many, if not all this will ultimately lead to semi-independence in the community.

All Service Users are assessed by Hengoed Park prior to their placement being agreed. This Initial Assessment is the first step in a continuing refinement process and will be continually re-evaluated to ensure that everyone understand the care support the individual requires.

Service Users come to Hengoed Park with a wide range of care and support needs.

We will work with individuals on all aspects of their recovery that may include:

- Personal care.
- Support with complex and challenging mental health conditions.
- Access to medical and dental care.
- Domestic Tasks (nutritional management, shopping, cooking, laundry, cleaning etc).
- Finance and budgeting, including claiming benefits.
- Seeking educational, vocational and social involvement.
- Maintaining links with friends, family and their local community.
- Any other assistance that may be necessary to lead a fulfilling community life.

We recognise that there is a journey for everyone who has a placement at Hengoed Park and that this journey has to reflect the individual at every level and that whilst we may be able to plot the starting and finishing points and some of the touchstones that lie in between, we are not always able to say where the Pathway goes and how long each stage will take.

Who we care for and support.

Hengoed Park is a specialist in the care, support and re-enablement of people with a wide spectrum of Alcohol-Related Brain Damage (ARBD), Neurocognitive Disorders and other Acquired Brain Injuries.

Our user group covers a broad spectrum of conditions however; our focus is on those individuals where there is a prognosis for greater independence and a desire to return to the community of their choice.

A prime focus group is with people often referred as having dementia related to alcohol abuse such as Korsakoff's syndrome and Wernicke's encephalopathy that are now recognised by clinical experts as treatable illnesses.

Often hidden behind terms such as Alcohol-Related Dementia these conditions can be halted, and sometimes reversed, through abstinence, treatment and proper nutritional management. We have found that individuals can, if given the correct treatment and enablement programmes, re-establish their lives and return to society as contributing citizens.

For far too long many young men and women with serious ABRD have been consigned to elderly dementia settings, when in fact, their condition was actually treatable - University of Sterling, world centre of excellence in ARBD, and Hengoed Park's reference for advice on both clinical and nutritional requirements.



Staff at Hengoed.

Hengoed Park recognises the importance of having highly qualified staff. Each and every member enjoys the highest level of training in both mandatory and specialist skills.

Each individual at Hengoed Park is assigned a key worker who is specifically responsible for their welfare.

The key worker is responsible for liaising closely with the resident and ensuring they have somebody specific to speak to whenever they need.

The key worker is also responsible for maintaining and updating the individual's Pathway on a monthly basis, so that it properly reflects the changing requirements and aspirations of each individual within our care.

Our staff are trained, skilled and educated, so what else? The answer is simple – **they care.**

They care about the person, they care about what the person wants to achieve, they care about a person's wellbeing, they care about a person's safety, they care about their work.



Recovery Pathway.

The Hengoed Park Recovery Pathway is a care management program which is proprietary to Hengoed Park, and which assists us to work with an individual and measure the changes which support rehabilitation. By providing this roadmap for each stage of recovery, and setting milestones to be achieved, we are able to track each individual's personal development and create strategies which will help them to achieve their goals.

The planning is divided into a number of core life sections and in completing the pathway document we will agree the outcome (what the individual wants to achieve) and then plot where they are today and how we will help them move forward.

The Pathway may address a number of core life section or just one or two; the importance is not the scope of the plan but moreover that it is agreed and that both parties see the opportunity of success.

The Pathway also serves as a form of contract or agreement between Hengoed Park and each individual. The Pathway is often a very important reference point when times are difficult and when the going gets tough.

The Pathway is reassessed regularly based on the individual with successes visually charted and all actions and activities reviewed.

Most individuals would prefer to live independently. The Hengoed Park Pathway shows them the way this can be achieved.

Hengoed Park's Pathway planning document is also one of the key ways we are able to demonstrate our commitment to our residents' welfare and our commitment to provide a service which offers a cost effective alternative for families, social workers and commissioning bodies, who are seeking the best possible outcomes and the best possible value proposition for offering a true pathway to recovery.

Whilst the pathway is about the service user it is also a value measurement for those who fund a placement at Hengoed Park.



Success stories.

Hengoed Park has a significant number of success stories, which demonstrate the efficacy of its individual Pathways.

For example:

Jane (*not her real name*), was admitted as a resident and although just a young person had been drinking excessively since the age of 11. When Jane came to Hengoed Park she was unable to function independently because of her advanced ARBD.

Her motor skills, mental abilities and even her depth perception were so severely impaired that her family was no longer able to care for her.

We put in place a Pathway that was unique for Jane, initially of gentle therapy, activities, strict abstinence and nutritional support moving later to a more strategically based platform that over time helped Jane to reclaim her life. Jane was eventually able to live in one of our maisonettes and after a while was able to return home where she attended college and begin her life on a new path.

Bill (*not his real name*) came to us later in life. He had spent much of his life, living and working in a major metropolitan area. However, after Bill's drinking became a serious problem, his wife asked him to leave. Because Bill was no longer able to hold a job or care for himself, Bill's local authority felt he would benefit from a rural location such as Hengoed Park, where he could be away from the influences which had led to his ARBD.

Bill was initially placed in the Hall at Hengoed Park but eventually was able to recover sufficiently to move to one of our maisonettes. After several years at Hengoed Park, Bill was able to return to the community. We assisted Bill to find a local flat and he is now happily living independently again.

Hengoed Park's vision is to help each individual resident; in the way we helped Jane and Bill, to rebuild their lives and re-integrate into society.



Get in touch today.

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